Parenting Made Easy

Workshop Overview

Workshop 1
• Causes of child behaviour and setting goals for change.

Workshop 2
• Building positive relationships with children

Workshop 3
• How to set rules and give instructions your child will follow.

Workshop 4
• Discipline that works.

Workshop 5
• Dealing with stressful situations such as meal times, bed times, homework etc.

Workshop 6
• Family survival tips.

With over 20 years of experience as an educator and facilitator, Rowena guides parents with insight, humour and common sense.

“There is no manual for parenting, everyone can use support to improve their parenting skills.”

Dates:
Friday 3 June, 9.00 – 11.00 am
Friday 10 June, 9.00 – 11.00 am
Friday 17 June, 9.00 – 11.00 am
Friday 24 June, 9.00 – 11.00 am
Friday 22 July, 9.00 – 11.00 am
Friday 29 July, 9.00 – 11.00 am

Venue:
William Bayldon Public School Library

Rowena Parkes
0432 609 162
02 6658 5949

B. Ed, Internationally Accredited Triple P Parenting Level 4